



THE WAY FORWARD

ADmag Magazine of the Year 2008 and Best Women's Magazine 24-35

# Move!

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## TRUE LIFE

**"I was sold as a slave"**

## How to

- ⚙ Date across cultures
- ⚙ Say "no" and mean it
- ⚙ Beat the World Cup hangover

**ONLY IN *Move!***

## MENZI & LERATO SPEAK OUT

- ⚙ **Lerato's accident**
- ⚙ **"Denying his son"**
- ⚙ **The paternity test**
- ⚙ **Their marriage**

### HE'S ON THE MOVE



**DJ S'BU MAKES A MOVE TO METRO FM**

### RHYTHM CITY'S NGOZI AND PULENG



**SPEAK OUT AGAINST ABUSE**

### GOSPEL'S SIFISO



**FINDS HIS FATHER AT LAST**

⚙ RECIPES: BEST BREADS ⚙ BEAUTY: NEWS FLASH ⚙ SPECIAL RECIPES: PINEAPPLE PLEASURES ⚙ SIS ANNE: "I AM NOT READY FOR MARRIAGE" ⚙ KEEP MOVING: LIVE AND LEARN

